

कवियित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ , जळगाव

अध्यादेश १८१

महाविद्यालयाचे नाव

डॉ. अ. जी. डी. बेंडाळे महिला महाविद्यालय

करियर ओरिएण्टेड कोर्सचे नाव

डिप्लोमा इन ब्युटी थेरपी अँड हेअर ड्रेसिंग

विद्याशाखा

ललित कला

शैक्षणिक वर्ष

२०२०-२०२३

College name : Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya,  
Jalgaon

Name of the course : Diploma Course in Beauty Therapy and Hair Dressing

Aims/ Objectives of the course :

To provide skills at Level 1 in the Qualification and Credit Framework for those interested in the beauty industry

To provide opportunities for staff in the beauty industry.

To encourage knowledge and understanding of the beauty industry at Level 1

Duration of Course : 1 Year

Fees Structure : 1650/-

Course Structure

- 1) Paper –I Beauty Therapy and culture
- 2) Paper –II Hair Cut & Hair Treatment
- 3) Practical Course

Eligibility for admission : Certificate course on Beauty Therapy and Hair Dressing

Skeleton of the Course :

Sr. No.	Paper	Name of Subject	Theory/Practical	Teaching Hours	Maximum marks allotted			Passing			Credit
					External	Internal	Total	External	Internal	Total	
1.	Paper-I	As above	Theory	90	60	40	100	24	16	40	6
2.	Paper-II	As above	Theory	90	60	40	100	24	16	40	6
3.	Paper-III	As above	Practical	120	60	40	100	24	16	40	8

Minimum Staff : 02

Mode of Examination : Annual

Detail Syllabus : Copy attached

## **Diploma in Beauty Therapy & Hair Dressing**

### **Paper-I Beauty Therapy & Culture**

#### **Unit –I**

**Lectures: 10**

**Orientation: - Brief updating knowledge of basic**

#### **[Beauty Theory]**

- i. Qualities of good Beauticians.
- ii. Communication skills and professional Ethics.
- iii. Handling of Electrical equipment- Vapozone, High Frequency, Galvanic, Skin Tester, Massager, Brushing unit.

#### **Unit –II**

**Lectures: 10**

#### **Skin Analysis & Treatment**

- i. Skin Analysis- Procedure for the analysis.
- ii. Skin Treatments- Hormonal imbalance, disorders of sebaceous glands and sudoriferous glands, pigmentatism of the skin.
- iii. Pimpal, Acne, pigmentatism, Black circle below eyes, Butterfly Marks.
- iv. Skin dryness, characteristics of aging skin, Cosmetic allergy.

#### **Unit –III**

**Lectures: 10**

#### **Make-Up**

- i. Make-up with the help of fresh flowers.
- ii. Make-up with the help of Jewellery.
- iii. Make-up with the help of Skin Type.
- iv. Make-up with the help of face type.
- v. Make-up on the basis of make-up.

#### **Unit –IV**

**Lectures: 10**

#### **Manicure and Pedicure**

- i. Chocolate Manicure & Pedicure.
- ii. French Manicure & Pedicure.
- iii. Nail culture –Nail Polish, Nail Art
- iv. Problems & Solutions on foot/feet.

**Unit -V****Lectures: 10****Cosmetics Preparation**

- i. Home Herbal products.
- ii. Products not causing side effects.
- iii. Products- Gulabjal, Cleansing, Toning, Moisturizing creams, Lotion
- iv. Nourishing creams-Lotion.
- v. Nourishing Mask.
- vi. Wax Making.

**Unit -VI****Lectures: 10****Make-Up Style/ Culture**

- i. Bridal make-up- Gujarathi, Marwadi, Marathi.
- ii. Morning Make-up, Evening make-up, Partywear make-up
- iii. Permanent Make-up-Eyebrow, Lip Liner
- iv. Gondan drawing Tattoo making

**Unit -VII****Lectures: 10****Massage**

- i. Massage making.
- ii. Massage with the help of pressure point
- iii. Body massage, head massage

**Unit -VIII****Lectures: 10****Facial**

- i. Facial as per requirement of skin
- ii. Facial as per requirement of client
- iii. Types of facial
- iv. Skin nourishment

**Unit -IX****Lectures: 10****Personal Grooming**

- i. Yoga+ Exercise+ Diet
- ii. Grooming of neck, eyes, nose, ear and body
- iii. Dress code of Beautician  
Effective, Impressive life style of Beautician

**Reference Book:**

- Body therapy & facial: EI
- Beauty therapy fact file-susan cressy
- The art & science of spa body therapy- Jane Foulston

# Diploma in Beauty Therapy & Hair Dressing

## Paper –II- Hair Cut & Hair Treatment

### Unit-I

#### Hair Dressing

Hair coloring-Permanent and temporary, Mehendi- Herbal, Chemical

[Lecture-06]

### Unit-II

#### Hair Treatment

Hair Treatment- High frequency treatment, Types of dandruff, Hair pack, Hair conditioner

[Lecture-12]

### Unit-III

#### Artificial Hair Style

Artificial hair jewellery decoration, Housekeeping of different Brush & Combs, Accessories required for hair styles.

[Lecture -12]

### Unit-IV

#### Decoration of Hair Style

Different types of bridal Roll, funky look, French hair style with hanging roll, overlapping hair style, Lobon, Inbon, cross role, Different types of hair styles.

[Lecture-12]

### Unit-V

#### Hair Cut-I

Horizontal hair cut, Vertical Hair cut, Step Hair cut, Bomb Hair cut, Round hair cut, U Hair shape, V hair shape, blunt hair cut, Sharp hair cut.

[Lecture-12]

### Unit-VI

#### Hair Cut-II

Baby cut-Straight hair cut, Leather hair cut, Feather hair cut, Layer Hair cut-One time cut

[Lecture-12]

### **Unit-VII**

#### **Hair Accessories**

Types of hair setting, types of hair products, types of hair setting machinery, use of different types of roll for setting. **[Lecture-12]**

### **Unit-VIII**

#### **Hair disease & Treatment**

To study types of hair treatment , To give treatment on hair diseases, head massage- Head steam,spa **[Lecture 12]**

#### **Reference Book:-**

Beauty therapy fact file:- Susan Cressy

The art and science of spa & body therapy – Jane Foulston

Body therapy and facial work:EI



**Diploma in Beauty Therapy & Hair Dressing**  
**Paper III- Practical Base on Paper-I & Paper-II**

**Lab Course:-**

**Total Hours:- 120**

1. Orientation Programme for updating knowledge of Basic course.
2. Practical course on Skin treatment.
3. Manicure & Pedicure-Chocolate, French.
4. Practical course on Nail Culture- Nail Polish, Nail Art.
5. Practical on Make-up with fresh flowers & jewellery .
6. Practical on Bridal Make-up – Gujrathi Make-up, Marwadi make-up.
7. Practical on morning make-up, evening make-up- Party wear make-up.
8. Practical on Gondan Drawing/ Tattoo making.
9. Practical on preparation of home herbal products.
10. Practical on facial types of facial.
11. Practical on massage with the help of pressure point body massage & head massage.
12. Practical on yoga+ exercise+ diet.
13. Practical on hair coloring- mehandi, chemical.
14. Practical on hair treatment-hair pack, hair conditioner.
15. Practical on hair style-types of bridal roll ,French look, funky look.
16. Practical on artificial hair style.
17. Practical on hair cut step with bomb out, round cut, U Shape, V shape, Blunt cut, sharp blunt cut
18. Practical on hair cut- baby hair cut, hather hair cut, layer hair cut.
19. Practical on hair setting.
20. Practical on knowing hair diseases and treatment.

  
**Co-ordinator**  
**School of Skill Development**  
**Dr. Annasaheb G.D. Bendale**  
**Mahila Mahavidyalaya, Jalgaon**