

कवियित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ , जळगाव

अध्यादेश १८१

महाविद्यालयाचे नाव

डॉ. अ. जी. डी. बेंडाळे महिला महाविद्यालय

करियर ओरिएण्टेड कोर्सचे नाव

अॅडव्हान्स डिप्लोमा कोर्स इन ब्युटी थेरपी अँड हेअर ड्रेसिंग

विद्याशाखा

ललित कला

शैक्षणिक वर्ष

२०२१ -२०२४

College name : Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya,
Jalgaon

Name of the course : Advance Diploma Course in Beauty Therapy and Hair Dressing

Aims/ Objectives of the course :

To provide skills at Level 1 in the Qualification and Credit Framework for those interested in the beauty industry

To provide opportunities for staff in the beauty industry.

To encourage knowledge and understanding of the beauty industry at Level 1

Duration of Course : 1 Year

Fees Structure : 1900/-

Course Structure

- 1) Paper –I Beauty Therapy and Make-up Style
- 2) Paper –II Hair Cut & Hair Treatment
- 3) Practical Course

Eligibility for admission : Diploma course on Beauty Therapy and Hair Dressing

Skeleton of the Course :

Sr. No.	Paper	Name of Subject	Theory /Practical	Teaching Hours	Maximum marks allotted			Passing			Credit
					External	Internal	Total	External	Internal	Total	
1.	Paper-I	As above	Theory	90	60	40	100	24	16	40	6
2.	Paper-II	As above	Theory	90	60	40	100	24	16	40	6
3.	Paper-III	As above	Practical	120	60	40	100	24	16	40	8

Minimum Staff : 02

Mode of Examination : Annual

Detail Syllabus : Copy attached

Advance Diploma in Beauty Therapy & Hair Dressing

Paper –I- Beauty Therapy & Make-up Style

Marks: 100

Unit-I

Beauty Therapy

[Lecture-10]

1. Hygiene, health and safety Relevant anatomy and physiology study of the hands and nail.
2. Products and equipment required.
3. What to use and buy for yourself or your pal or order to perform these treatments procedure.
4. How to gain the correct information from your clients before you commence the treatments contra indications to treatment.
5. Skin, hair Nail diseases and disorders, what to look out for and how recognize these.
6. Aftercare.
7. Instruct your clients on correct treatments at home in between visits to the oarlour.

Unit-II

Skin Analysis and treatment

[Lecture-10]

1. Intrinsic ageing
 - List different examples of intrinsic aging.
2. Analysis of sensitive skin
 - Understanding the difference between reaction and allergies.
 - Demonstrate and understanding of how to deal with sensitive skin.
3. Treatment of Hyper-Pigmentation
 - List the different types and causes of hyper-pigmentation.
4. Causes of Acne
 - Demonstrate an understanding of what causes acne.
 - Demonstrate an understanding and knowledge of the different types of acne.
5. Black circle and butterfly marks.
 - Causes of black circle and marks.
6. Cosmetic Allergy and Reaction
 - Finding side effects of cosmetic products.

Unit-III

[Lecture-10]

1. Many styles of Mehandi.
2. Arabic.
3. Bridal.

Unit-V

[Lecture 10]

1. Make-up with the fresh flower.
2. Make-up with the help of jewelry.
3. Make-up with the help of skin type.
4. Make-up with the help of face type.
5. Make up of children.

Unit-VI

Make-up style / culture

[Lecture 10]

1. **Natural make-up**
2. **Fashion make-up**
 - Fashion make-up is used in magazine photography as well as on the Fashion runway.
3. **Theatrical make-up**
 - Used as a method in conjunction with stage lighting to highlight the actor's faces in order to make expression visible to the audience from moderate distances.
4. **Special Make-up Effects**
 - The use of special effects techniques enhancing features to exhibit Metaphysical characteristics as well as fantasy make-up.
5. **Airbrushing**
 - The use of an airbrush which is a small air-operated device that sprays various media including alcohol and water based make-up by a process of nebulization.
6. **Bridal Make-up**
 - Gujrati , Marwari, Rajasthani, Bengali, Western, Marathi, , South Indian , Muslim.
7. **High Definition**
 - This is an art which involves the use of light reflectors and ingredients such as minerals to give the skin a flawless finish.
8. **Day and Night Make-up**
9. **Corrective methods**

Unit-VII

[Lecture 10]

1. Cosmetics preparation.
2. Home herbal products
3. Products not causing side effects.
4. Product :Gulabjal, oil face pack.
5. Hair mask.
6. Wax making.

Unit-VIII

Body Massage

[Lecture 10]

Understanding Movement and posture

1. Aromatherapy
2. Deep tissue massage
3. Hot stone massage
4. Body spa
5. Herbal body spa
6. Ayurveda
7. Aroma
8. High frequency
9. According requirement of hair texture
10. Head spa
11. Herbal hair spa

Unit-IX

Facial

[Lecture 10]

1. As per requirement of skin
2. Facial as per requirement of client
3. Advance type of facial
4. Skin nourishment
5. Peeling
6. Face lifting treatment
7. Grooming of neck , Eyes Nose , ear and body
8. Dress code of beautician
9. Effective impressive life style of beautician.

Reference Book:

1. Makeup artist by Julia Conway
2. Milady standard makeup Michelle D'Allaird-2012-
3. A practical Guide to Beauty Therapy for NVQ level 2 by Janet Simms.
4. Deep Tissue Massage: A visual Guide to techniques by Sandy Fritz
5. Moeby's Fundamentals of Therapeutic massage by Sandy Fritz.

Advance Diploma in Beauty Therapy & Hair Dressing

Paper –II- Hair Cut & Hair Treatment

Unit-I

Hair Cut-I

[Lecture-12]

Horizontal hair cut, Vertical Hair cut, Step Hair cut, Bomb Hair cut, Round hair cut, U Hair shape, V hair shape, blunt hair cut, Sharp hair cut.

Unit-II

Hair Treatment

[Lecture-12]

Hair Treatment- High frequency treatment, Types of dandruff, Hair pack, Hair conditioner

Unit-III

Hair Dressing

[Lecture-06]

Hair coloring-Permanent and temporary, Mehendi- Herbal, Chemical

Unit-IV

Hair Cut-II

[Lecture-12]

Baby cut-Straight hair cut, Leather hair cut, Feather hair cut, Layer Hair cut-One time cut

Reference Book:-

Beauty therapy fact file:- Susan Cressy

The art and science of spa & body therapy – Jane Foulston

Body therapy and facial work:E


Advance Diploma in Beauty Therapy & Hair Dressing

Paper III- Practical Base on Paper-I & Paper-II

Lab Course:-

Total Hours:- 120

1. Orientation Programme for updating knowledge of Basic course.
2. Practical course on Skin treatment.
3. Practical on Make-up with fresh flowers & jewellery .
4. Practical on Bridal Make-up – Gujrathi Make-up, Marwadi make-up.
5. Practical on morning make-up, evening make-up- Party wear make-up.
6. Practical on preparation of home herbal products.
7. Practical on facial types of facial.
8. Practical on massage with the help of pressure point body massage & head massage.
9. Practical on hair coloring- mehandi, chemical.
10. Practical on hair treatment-hair pack, hair conditioner.
11. Practical on hair style-types of bridal roll ,French look, funky look.
12. Practical on artificial hair style.
13. Practical on hair cut step with bomb out, round cut, U Shape, V shape, Blunt cut, sharp blunt cut
14. Practical on hair cut- baby hair cut, hather hair cut, layer hair cut.


Co-ordinator
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