

Lewa Educational Unions

Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon Jilha Road, Jilha Peth, Jalgaon NAAC Re-Accredited 'A' Grade (3.12)

Phone: (0257) 2236051

Report: Rutumati Abhiyan

Name of the Programme: Rutumati Abhiyan - Girls Workshop on Hygiene (Swachchta)

Date of the Programme: 25/02/2024

Venue of the Programme: College

Collaboration: Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon

Number of beneficiaries/Participants:

Brief Summary of Programme: 60

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon organized Rutumati Abhiyan

during Academic Year 2023-24 in association with Kavayitri Bahinabai Chaudhari, North Maharashtra University Jalgaon. Under this Abhiyan, Girls Workshop on Hygiene (Swachchta) was conducted on 25 February 2024. The program was inaugurated by the Dr. Suman Lodha by lighting the lamp On this occasion, the principal of the college Hon. Dr. Gauri Rane was present.

The workshop was conducted in three sessions covering the topics as Menstruation, care to take during menstruation, women's health and various problems.

In the first session, Dr. Suman Lodha, a renowned physiologist, discussed how women should take care during menstruation, what measures should be taken, and women should give importance to their health in their daily life under the topic of "Menstruation and Hygiene".

In the second session, Dr. Rupali Bendale, a famous gynecologist of Jalgaon district, guided the students on the topic of "Menstruation and Diet". Women are not conscious about their diet. Students do not take breakfast in the morning; they also ignore food. But instead of doing this, she advised students to take a healthy diet.

In the third session, famous gynecologist Dr. Sonal Ingle of Jalgaon district guided the students on the topic of "Menstruation and Health". What kind of precautions to take during menstruation.

A total of 60 students participated in the said workshop and benefited from the guidance provided by various expert doctors. The program was successful by the support of Student Development Officers and Committee members.

Photograph:

[Type text]



Inauguration of Workshop



D

Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon, Student Development Department

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon

Jointly organized ऋतुमती अभियान - माजिक पाकी - ज्यान्सेयांची कार्य गाँठी Date: 25 02 2024

| | Attendance Date: | 25 02 202 | |
|------------|-----------------------------|----------------|------------|
| Sr. No. | Name of the Student | Class | Signature |
| 1, | Bhumika Ajay khanderao | Mcom-II | Behonderno |
| 2 | Nikita Pravin Rajput | SY.BSC | APP- |
| 3, | Mamata Madan Mahajan | 5.7.BSC | ratchejon |
| 4 | Neha Ranjitsing Shisode | SY. Bac | NHbisade |
| 5 | Harshada Vitthal Dusing | F.Y.BCA | Housing |
| 6 | penya Sanjay Sangyane | FYBCA | Surva: |
| 7 | Nikita chandrakant Jadhor | Sy. BCA | Aus: |
| 8 | Niharika Provin Patil. | FY.PCA | Matil |
| 9 | Bhauana Ohananjay Dhande | T. Y. Bcom | dramb. |
| 10 | Ashwini Vishwas Patil | T.Y.BSC | Allatel |
| " | Purvo Tushar Patil | TY-BCA | P-T-Patel |
| 12 | Sanjivani Chandrakant Patil | TYBCA | Soli |
| | Hemongi Chandrashekhor Pata | m·s·c4I | (Hin. |
| | Kunika Paraq Paratane | m.s. C-II | Dirika |
| = | Janavi Avinash Paratane | ゆいいて- 耳 | Madre |
| - 0 | rangya Dipak fatt | Sy.BSC | (PDB_ |
| - 1 | Shout pinesh Patkani | TY BOA | Shaub |
| | Robini Samadhan Patil | TY. BCA | F21/9 |
| | kalyani chindhu pahil | SYBCA | Batil |
| _ | amiksha Krishnarao Jadha | SYBCA | Staha |

Student Development Officer वियोगी विकास अधिकारी इ.स.अक्कासाहेब जी.डी.इंडाळे

पहिला महाविद्यालय, जळगांव

PRINCIPAL Principal
Dr.Annascheb G.D.Bendale Mahila Mahavidyalaya, Jalgaon

Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon, Student Development Department

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon

Jointly organized ऋतुमती अभियान - मासिक पाठी - स्वच्छित संदेखी कार्थशाका

| Sr. | Attendance Date | : | [17] |
|-------------|--------------------------------|--------------|---------------|
| No. | Name of the Student | Class | Signature |
| 21 | Harshada shivsing Rajput | SYBCA | Theipert |
| 22 | Ritu Ramsing Pati) | SYBCA | Reai |
| 2.4 | Bhumita Devsing muhuje | SUBCE | Borbul |
| 25 | Vaishnavi Proafulla Bhangale | FeBCA | Phongale |
| 26 | Robini onkan patil | FYBCA | Profit |
| 1 | pooja Raju Wakode | FYBCA | p-veakade |
| - | Ishika Rupesh Mahajan | FYBCA | Ponohelen |
| 29 | Rutuja Pormeshum Patel | EUBCA . | PRA |
| 30 | Gayatri Santosh Mahajan | EX. BCH | -Camolingos |
| . 31. | Pooja Deepaksing Deshmukh | 5.7.B.sc | Festmyth |
| 32. | Sakshi Dilip Chopade | S. 4. BSC. | Schools |
| - | Tejal Guratsingh Raipul | . S.y. BSC | Takaipal. |
| 34 6 | Dhanash i Chand Xd Kan L Bhang | 11e:5.4.02 | D.C. Brangale |
| 7 -1 | | s.y. Bsc. | Glolanke. |
| | Tejal Deepak Patil | S4. BSC | Parl . |
| P | IJa Kailas Jiri | F. y. B. voc | PUJa. K. J/21 |
| 70 | legha Onyaneshwar pati) | SYBCA | Moutil |
| 20 | rupti Pramod Patili | S.y. BCA | This. |
| | Piyya Ankush shelke | F.Y.BSC | - Farmer |
| io Ki | 14shaba Rajesh Kolambe | 6Y.BCA | #A10: |

Student Development Officer

PRINCIPAL Dr.Annascheb G.D.Bendale Mahila Mahavidyalaya, Jalgaon

विद्यार्थी विकास अधिकारी डॉ.अण्णासाहेव जी.डी.बॅडाळे महित्य महाविद्यालय,जळगांव

PRINCIPAIPrincipal Dr.Annasaheb G.D.Bendale Mahila Mahavidyalaya, Jalgaon

Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon, Student Development Department

and

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon
Jointly organized

ऋतुमती अभियान - मार्मिक पाठी - स्व-छने सवं धी कार्यशास्त्र

| | Attenuance | , | ,1 |
|------------|----------------------------------|-----------|---------------|
| Sr. No. | Name of the Student | Class | Signature |
| 41 | Monika sharad gaikaad. | 64.BCA | Maikwad |
| 42 | Megha Shnyadhwar Patil | 84 BCA | -Matil |
| 43 | Divya madhukar Bhadlo | TUBCA | Tonacls_ |
| 44 | Yamini santosh wani | TYBCA | Sue; |
| 45 | Yogeshwari Chandrakant Deshanuth | TYBCA | Tetant. |
| 46 | | TYBVOC | Fortaucher: |
| 47 | shimpi vaishnavi Gajana | TYBIA | Jayans |
| 48 | Lakshmi Kiran Waykole | T-Y-BSC | Taypos |
| 49 | Srushti Prakash Kharche | TY.BOC | Shocks |
| 50 | Patil Divya Ghanshyam | T.Y.B.SC | Dates. |
| 51 | Ankita Sunil Landge | 5.7.8 cA | Articla- |
| | Horsha Popat Teli | SY. BSC | Pruli |
| | Manasi Mahendra Malvelkar | SYBSC | seew. |
| 54 | Parvati Ravindra Kharave | T.Y.BSC | Behorche |
| 5 | Vaishnavi Atus Naphade | TYBCA. | xue |
| 6 B | | F.y. Bsc. | R.T. pardeshi |
| 7/ | likita Sanjay Raipyl | T.y. Bsc. | N.S. Rujpy |
| 8 | - 1 ' - 1 / 1 | SY BSC | (S)marchi |
| | Smuti sachin gawale | F.Y. B5 (| 5.gawale |
| ale de | | 5.4.85(| M. P-Rabil |
| | | | |

Student Development Officer

विद्याया विकास अधिकारी बॉ.अल्लासाहेब जी.डी.बेंडाळे प्रक्रिय सक्लिकाल PRINOTHILICIPAL

Dr.Annascheb G.D.Bendale

Mahila Mahavidyak ya, Jalgaon