

Lewa Educational Union's Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon, Jilha Road, Jilha Peth, Jalgaon NAAC Re-Accredited 'A' Grade (3.12)

Prof. Dr. Gauri M. Rane (M.Sc, Ph.D.)
Principal

Phone: (0257) 223605

Report : Mental Health Awareness Programme

Name of the Programme : Guest lecture on Mental Health Awareness

Date of the Visit : 16/10/2023

Venue of the Programme: Dhande Hall

Time : 11:00 A.M.

Number of beneficiaries/Participants: 38 Students

Department of Psychology and IQAC jointly organized a guest lecture on Mental Health Awareness on 16/10/2023 under the Mentor Mentee Scheme. The program was chaired by Vice Principal Dr. P. N. Tayade sir. Dr. Daulat Nimse Sir (Psychologist, Civil Hospital Jalgaon) was the keynote speaker for the programme.

In his speech, Dr. Daulat Nimse talked about how mental health issue raised nowadays. He proposed the remedies to overcome such issues by following some techniques such as counseling, medication and meditation. According to World Health Organization, senior college premises are the best places to start mental health awareness campaigns as it is observed approximately 20% dealing with this kind of serious issue in present scenario. Hence college has taken the initiative and arranged the programme for all under graduate students and accordingly this programme succeeded with the efforts of Dr. Dr. A. B. Patil and colleagues like Dr. Rani Tripathi and Prof. Vishal Mahire from the department. Student Ms Leena Dusane proposed vote of thanks.



Head,

Department of Psychology
Dr. A.G.D. Bendale Mahila Mahavidyalaya





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