लेवा एज्युकेशनल युनियन संचलित डॉ. अण्णासाहेब जी. डी. बेंडाळे महिला महाविद्यालय, जळगाव

संलग्न : कवियत्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव (महाराष्ट्र) नॅक पूनर्मूल्यांकित 'अ' श्रेणी (३.१२ सी.जी.पी.ए.) (तिसरी फेरी), आय.एस.ओ.९००१:२०१५ मानांकित



Lewa Educational Union's

Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon

Affiliated to Kavayitri Bahinabai Chaudhari North Maharashtra University Jalgaon (M.S.)

NAAC Re-Accredited 'A' Grade (3.12 CGPA) (3 $^{\prime\prime}$ Cycle),

ISO 9001: 2015 Certified

Prof. Gauri M. Rane

(M.Sc.Ph.D.)
Principal

Report of Activity

❖ Name of the Programme : Health Hygiene Tips

❖ Date of the Programme : 6 March, 2024

❖ Venue of the Programme : Jilha Krida Sankul, Jalgaon

❖ Number of Participants : 11 Students

& Brief summary of the programme:

Department of Physical Education & Sports organized Guest Lecture on 6 March 2024 at 10am to 11am. Deputy Comm Nirmala Gaikawad, & Vaishanavi Gaikwad were the resource persons for this lecture. Nirmala madam guided that Health and Hygiene are essential for preventing illness and maintaining overall well-being effectively. Vaishanvi madam talked about the Personal Cleanliness, Hand washing, Oral Hygiene, Sleep hygiene. These habits promote personal health and protect those around you.

Dr Anita Kolhe Director of Physical Education & Sports





Dr Annasaheb.G.D.Bendale Mahila Mahavidyalay,Jalgaon Department of Physical Education & Sports

Health Hygiene Tips -(Deputy Comm Nirmala Gaykwad & Vaishnavi Gaykwad) 6- March -2024

Sr No	Player Name	Class	Sign
1	Sarala Ravindra Aswar	TYBA	Sarala Pt
2	Rohini Vikas Sutar	FYBA	RING
3	Uma Martand Jadhav	FYBA	druss
4	Isha Shivvishal Mishra	SYBA	John 2
5	Gaytri Arjun Aswar	TYBA	gra 1
6	Suhani Pramod Patole	FYBcom	'S' P. Rabus
7	Nikita Bandu Pawar	FYBA	(Do
8	Manasi Santosh Parbhane	FYBCA	Mars
9	Dipali Sanjay Aswar	FYBA	Deal
10	Chetana Sanjay Patil	FYB	Cespalu
11	Sarala Ravindra Aswar	TYBA	850

Dr Anita Kolhe Director Physical Education & Sports