


लेवा एज्युकेशनल युनियन संचलित  
**डॉ. अण्णासाहेब जी. डी. बेंडाळे**  
**महिला महाविद्यालय, जळगाव**  
संलग्न : कवयित्री बहिणाबाई चौधरी  
उत्तर महाराष्ट्र विद्यापीठ, जळगाव (महाराष्ट्र)  
नॅक पूनर्मूल्यांकित 'अ' श्रेणी (३.१२ सी.जी.पी.ए.)  
(तिसरी फेरी), आय.एस.ओ.९००१:२०१५ मानांकित



Estd. : 1984

Lewa Educational Union's  
**Dr. Annasaheb G. D. Bendale**  
**Mahila Mahavidyalaya, Jalgaon**  
Affiliated to Kavayitri Bahinabai Chaudhari  
North Maharashtra University Jalgaon (M.S.)  
NAAC Re-Accredited 'A' Grade (3.12 CGPA) (3<sup>rd</sup> Cycle),  
ISO 9001: 2015 Certified

**Prof. Gauri M. Rane**  
(M.Sc.Ph.D.)  
Principal

### Report of Activity

- ❖ Name of the Programme : Kho-Kho Camp
- ❖ Date of the Programme : 29 and 30/10/2023
- ❖ Venue of the Programme : College Campus
- ❖ Number of Participants : 15 Students
- ❖ Brief summary of the programme:

Department of Physical Education & Sports organized the Kho-Kho camp on 29 and 30/10/2023 from 10 am to 5 pm. Dr. Anita Kolhe was the resource person for this camp. She guided how to play Kho-Kho effectively. She talked about the fundamental skills like Running, Chasing, Dodging, Pole Turning, Tap-in and Tap-Out, Positioning, Team Coordination, effectively. Her talk highlighted the spirit of teamwork and communication. In Kho-Kho camp the focus is on improving ability, speed, and game strategies. Camps often include drills, fitness exercises, practice matches to enhance players performance. She discussed defensive strategies and improving overall Kho-Kho IQ.



**Dr Anita Kolhe**  
**Director of Physical**  
**Education & Sports**



Dr Annasaheb G.D.Bendale Mahila Mahavidyalaya , Jalgaon  
Department of Physical Education & Sports  
"Basketball Camp" ( Dr Anita Kolhe)  
30 October 2022

Attendance

Sr no	Students Name	Class	Sign
1	Rutuja Anil Joshi		<u>RJ</u>
2	Anshita Lakshman Gaikwad	T.Y.BSc	<u>ALGaikwad</u>
3	Sarala Ravindra Aswar	B.Y.BA	S. R. A
4	Bhavna Bharat Koli	MA -I	<u>BKoli</u>
5	Gayatri Arjuna Aswar	S.Y.B.A	<u>GAAswar</u>
6	Rupali Devram Aswar	S.Y.B.A	<u>RAAswar</u>
7	Aarti Shivaji Dhage	S.Y.B.A	<u>ASDhage</u>
8	Jagruti Vijay Bari	1	<u>JV Bari</u>
9	Vaishnavi Santosh Chaudhary	S.Y.B.A	<u>VSC</u>
10	Nisha Mahadev kondalkar	M.com 2	<u>NMK</u>
11	Bhagyashri Sanjay sapkale	F.Y.BA	<u>BS</u>
12	Bhavika Kamleshsing Rathod	F.Y.B.Com	<u>BRathod</u>
13	Kirti Jagjeevan Baviskar	MSc-2	<u>KJB</u>
14	Karishma Shantaram Ahire	MA -I	<u>KAHire</u>
15	Kajal Vijay Chaudhari		<u>KVC</u>

Anita Kolhe  
Dr Anita Kolhe

Director of Physical Education & Sports