

लेवा एज्युकेशनल युनियन संघलित
डॉ. अण्णासाहेब जी. डी. बेंडाळे
महिला महाविद्यालय, जळगाव
संलग्न : कवयित्री बहिणाबाई चौधरी
उत्तर महाराष्ट्र विद्यापीठ, जळगाव (महाराष्ट्र)
नॅक प्रूनमूल्यांकित 'अ' श्रेणी (३.१२ सी.जी.पी.ए.)
(तिसरी फेरी), आय.एस.ओ.९००१:२०१५ मानांकित



Estd. : 1984

Lewa Educational Union's

Dr. Annasaheb G. D. Bendale
Mahila Mahavidyalaya, Jalgaon

Affiliated to Kavayitri Bahinabai Chaudhari
North Maharashtra University Jalgaon (M.S.)
NAAC Re-Accredited 'A' Grade (3.12 CGPA) (3rd Cycle),
ISO 9001: 2015 Certified

Prof. Gauri M. Rane

(M.Sc.Ph.D.)
Principal

Report of Activity

- ❖ Name of the Programme : Meditation & Yoga Workshop
- ❖ Date of the Programme : 19/12/2023
- ❖ Venue of the Programme : College Campus
- ❖ Number of Participants : 26 students
- ❖ Resource person :Sau Trupti Kabra
- ❖ Brief summary of the programme:-


Department of Physical Education & Sports organized the Yoga workshop on 19/12/2023 at 8 am to 11 am. Workshop was conducted by Sau Trupti Kabra. In "Meditation & Yoga Workshop" she shared the immersive experiences in yoga practice for healthy life and peaceful mind. In this workshop different Yogasadhna and meditation were taughts to students.

Dr Anita Kolhe
Director of Physical
Education & Sports



Dr Annasaheb.G.D.Bendale Mahila Mahavidyalay, Jalgaon
Department of Physical Education & Sports
Meditation & Yoga Workshop
19- December -2023

Sr No	Player Name	Class	Sign
1	Shruti Dinesh Patkari	TYBCA	Shruti
2	Neha Rajesh Jain	FYBCom	Neha
3	Arati Shivaji Dhage	TYBA	Arati Dhage
4	Bhavna Punjoo Patil	TYBCA	B.P.P
5	Dipali Namdev Patil	TYBcom	Dipali
6	Shruti Dinesh Patkari	TYBCA	S.D.P.
7	Neha Rajesh Jain	FYBCom	Neha Jain
8	Ashwini Balu Shere	SYBSC	Ashwini
9	Dipali Sanjay Aswar	FYBA	Dipali
10	Chetana Sanjay Patil	FYB	C.S.Patil
11	Sarala Ravindra Aswar	TYBA	Sarala
12	Dipali Namdev Patil	TYBcom	D.N.P
13	Khushi Dinesh Shriwastav	FYBA	Khushi
14	Suhani Pramod Patole	FYBcom	Suhani
15	Durga Nilesh Vispute	FYBsc	Durga
16	Dipali Namdev Patil	TYBcom	DNP
17	Rupali Devram Aswar	TYBA	Rupali
18	Kajal Arvind Jadhav	FYBcom	Kajal
19	Rohini Vikas Sutar	FYBA	Rohini
20	Uma Martand Jadhav	FYBA	UMAT
21	Isha Shivvishal Mishra	SYBA	I.S.M
22	Gaytri Arjun Aswar	TYBA	Gaytri
23	Suhani Pramod Patole	FYBcom	Suhani
24	Nikita Bandu Pawar	FYBA	Nikita
25	Manasi Santosh Parbhane	FYBCA	Manasi
26	Sarala Ravindra Aswar	TYBA	Sarala


 Dr Anita Kolhe
 Director
 of Physical Education & Sports