



**Lewa Educational Unions**  
**Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon**  
**Jilha Road, Jilha Peth, Jalgaon**  
**NAAC Re-Accredited 'A' Grade (3.12)**  
**Phone : (0257) 2236051**

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### **Report: Rutumati Abhiyan**

**Name of the Programme: Rutumati Abhiyan - Girls Workshop on Hygiene (Swachhta)**

**Date of the Programme: 25/02/ 2024**

**Venue of the Programme: College**

**Collaboration: Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon**

**Number of beneficiaries/Participants: 60**

#### **Brief Summary of Programme:**

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon organized Rutumati Abhiyan during Academic Year 2023-24 in association with Kavayitri Bahinabai Chaudhari, North Maharashtra University Jalgaon. Under this Abhiyan, Girls Workshop on Hygiene (Swachhta) was conducted on 25 February 2024. The program was inaugurated by the Dr. Suman Lodha by lightning the lamp. On this occasion, the principal of the college Hon. Dr. Gauri Rane was present. The workshop was conducted in three sessions covering the topics as Menstruation, care to take during menstruation, women's health and various problems.

In the first session, Dr. Suman Lodha, a renowned physiologist, discussed how women should take care during menstruation, what measures should be taken, and women should give importance to their health in their daily life under the topic of "Menstruation and Hygiene".

In the second session, Dr. Rupali Bendale, a famous gynecologist of Jalgaon district, guided the students on the topic of "Menstruation and Diet". Women are not conscious about their diet. Students do not take breakfast in the morning; they also ignore food. But instead of doing this, she advised students to take a healthy diet.

In the third session, famous gynecologist Dr. Sonal Ingle of Jalgaon district guided the students on the topic of "Menstruation and Health". What kind of precautions should be taken during menstruation.

A total of 60 students participated in the said workshop and benefited from the guidance provided by various expert doctors. The program was successful by the support of Student Development Officers and Committee members.

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**Photograph :**



**Inauguration of Workshop**



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Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon,  
Student Development Department  
and

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon  
Jointly organized

ऋतुमती अभियान - मासिक परी - उत्कृष्टतमं धी कार्यशाळा

Attendance Date: 25/02/2024

Sr. No.	Name of the Student	Class	Signature
1	Bhumika Ajay khonderam	mcom-II	Bkxonderam
2	Nilkita Poovin Rajput	SY.BSC	APP
3	Mamata Madan Mahajan	S.Y.BSC	mamahajan
4	Neha Ranjitsing Ghisode	SY.BSC	NGhisode
5	Harshada Vitthal Dusing	F.Y.BCA	H.Dusing
6	parva Sanjay Sonavane	F.Y.BCA	Sonvane
7	Nikita Chandrakant Jadhav	sy.BCA	NJadhav
8	Niharika Poovin Patil	Fy.PCA	NPatil
9	Bhavana Dhananjay Dhande	T.Y.Bcom	Bhande
10	Ashwini Vishwas Patil	T.Y.Bsc	APatil
11	Purva Tushar Patil	Ty.BCA	P.T.Patil
12	Sanjivani Chandrakant Patil	Ty.BCA	SPatil
13	Hemangi Chandrashekhar Patil	<del>Ty.BCA</del> M.S.C-II	HPatil
14	Kunika Parag Paratane	M.S.C-II	KParatane
15	Jangvi Avinash Paratane	M.S.C-II	JParatane
16	Pranaya Dipak <del>Patil</del> <sup>Sananse</sup>	SY.BSC	PPatil
17	Shrawdi Dinesh Patkar	Ty.BCA	SPatkar
18	Robini Samadhan Patil	Ty.BCA	RPatil
19	Kalyani chinhu patil	SYBCA	KPatil
20	Samiksha krishnarao Jadhav	SYBCA	SJadhav

Student Development Officer

विद्यार्थी विकास अधिकारी  
डॉ. अण्णासाहेब जी. डी. बंडाळे  
महिला महाविद्यालय, जळगाव

PRINCIPAL

Dr. Annasaheb G.D. Bendale  
Mahila Mahavidyalaya, Jalgaon

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Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon,  
Student Development Department

and

Dr. Annasaheb G.D. Bendale Mahila Mahavidyalaya, Jalgaon

Jointly organized

ऋतुमती अभियान - मासिक पाठी - स्वच्छते संबंधी कार्यशाळा

Attendance

Date:

Sr. No.	Name of the Student	Class	Signature
21	Harshada shivsing Rajput	SYBCA	H Rajput
22	Ritu Ramsing Patil	SYBCA	R Patil
23	Bhumita Devsing mubale	SYBCA	B mubale
24	Vaishnavi Prafulla Bhargale	FYBCA	V Bhargale
25	Robini onkar Patil	FYBCA	R Patil
26	Pooja Raju Wakode	FYBCA	P Wakode
27	Ishika Rupesh Mahajan	FYBCA	I Mahajan
28	Rutuja Parmeshwar Patil	FYBCA	R Patil
29	Gayatri Santosh Mahajan	FYBCA	G Mahajan
30	Pooja Deepak sing Deshmukh	S.Y.B.SC	P Deshmukh
31	Sakshi Dilip chopade	S.Y.B.Sc	S chopade
32	Tejal Suratsingh Rajput	S.Y.B.Sc	T Rajput
33	Dhanashri Chandrakant Bhargale	S.Y.B.Sc	D.C. Bhargale
34	Sakshi Anil Solanke	S.Y.B.Sc	S Solanke
35	Tejal Deepak Patil	S.Y.B.Sc	T Patil
36	Puja Kailas Jiri	F.Y.B.VOC	Puja K. Jiri
37	Megha Dnyaneshwar Patil	SYBCA	M Patil
38	Trupti Pramod Patil	S.Y.BCA	T Patil
39	Diya Ankush shelke	F.Y.B.Sc	D shelke
40	Khyshaba Rajesh Kolambe	SYBCA	K Kolambe

Student Development Officer

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Mahila Mahavidyalaya, Jalgaon

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महिला महाविद्यालय, जळगांव

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Mahila Mahavidyalaya, Jalgaon

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Kavayitri Bahinabai Chaudhari, North Maharashtra University, Jalgaon,  
Student Development Department  
and

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Jointly organized

ऋतुमती अभियान - मासिक पाठी - स्वच्छते संबंधी कार्यशाळा

Attendance

Date: 25/02/2024

Sr. No.	Name of the Student	Class	Signature
41	Monika shamad gaikwad.	BY.BCA	<u>M. Gaikwad</u>
42	Megha Dhnyashwar Patil	BY.BCA	<u>M. Patil</u>
43	Divya madhakar Bhadke	TUBCA	<u>D. Bhadke</u>
44	Yamini santosh wani	TYBCA	<u>Y. Wani</u>
45	Yogeshwari Chandrakant Deshmukh	TYBCA	<u>Y. Deshmukh</u>
46	Kirti Nivauti Chaudhari	TY.BVOC	<u>K. Chaudhari</u>
47	Shimpi Vaishnavi Gajanan	TYBCA	<u>S. Gajanan</u>
48	Lakshmi Kiran Waykole	T.Y.BSC	<u>L. Waykole</u>
49	Srushti Prakash Kharche	TY.BSC	<u>S. Kharche</u>
50	Patil Divya Ghanshyam	T.Y.BSC	<u>D. Patil</u>
51	Ankita Sunil Landge	S.Y.BCA	<u>A. Landge</u>
52	Harsha Popat Teli	SY.BSC	<u>H. Teli</u>
53	Manasi Mahendra Malvelkar	SYBSC	<u>M. Malvelkar</u>
54	Parvati Ravindra Khurave	T.Y.BSC	<u>P. Khurave</u>
55	Vaishnavi Atul Naphode	TYBCA	<u>V. Naphode</u>
56	Bhagyashri Indal Pardeshi	T.Y.Bsc.	<u>B. Pardeshi</u>
57	Nikita Sanjay Rajput	T.Y.Bsc.	<u>N. Rajput</u>
58	Saloni Dilip marchi	SY.BSC	<u>S. Marchi</u>
59	Shruti sachin gawale	F.Y.BSC	<u>S. Gawale</u>
60	Harsha dg Pandit Patil	S.Y.BSC	<u>H. Patil</u>

Student Development Officer

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Principal

Dr. Annasaheb G.D. Bendale  
Mahila Mahavidyalaya, Jalgaon