लेवा एज्युकेशनल युनियन संचलित डॉ. अण्णासाहेब जी. डी. बेंडाळे महिला महाविद्यालय, जळगाव

संलग्न : कवयित्री बहिणाबाई चौधरी उत्तर महाराष्ट्र विद्यापीठ, जळगाव (महाराष्ट्र) नॅक पूनर्मूल्यांकित 'अ' श्रेणी (३.१२ सी.जी.पी.ए.) (तिसरी फेरी), आय.एस.ओ.९००१:२०१५ मानांकित



Lewa Educational Union's

Dr. Annasaheb G. D. Bendale Mahila Mahavidyalaya, Jalgaon

Affiliated to Kavayitri Bahinabai Chaudhari North Maharashtra University Jalgaon (M.S.)

NAAC Re-Accredited 'A' Grade (3.12 CGPA) $(3^{rd}$ Cycle), ISO 9001: 2015 Certified

ISO 9001: 2015 Certified

Prof. Gauri M. Rane

(M.Sc.Ph.D.)
Principal

Report of Activity

❖ Name of the Programme : Workshop on Meditation & Yoga

❖ Date of the Programme : 19/12/2023

❖ Venue of the Programme : College Campus

❖ Number of Participants : 26 students

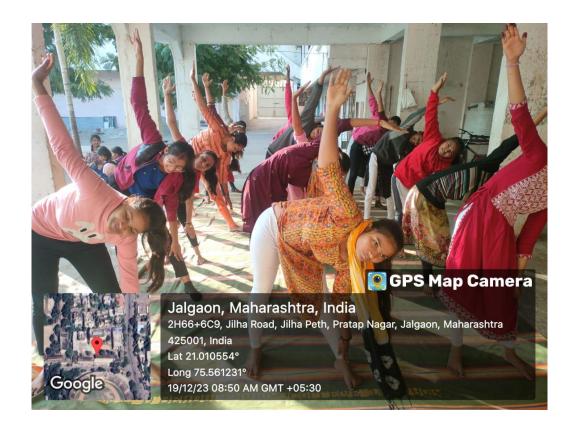
* Resource person :Sau. Trupti Kabra

* Brief summary of the programme:-

Department of Physical Education & Sports organized the "Meditation & Yoga Workshop" on 19/12/2023 at 10am to 5pm. For this workshop resource person was Sau. Trupti Kabra. In this workshop different Yogasanas and meditation were taught to students.

Dr Anita Kolhe

Director of Physical Education & Sports





Dr Annasaheb.G.D.Bendale Mahila Mahavidyalay,Jalgaon Department of Physical Education & Sports Meditation & Yoga Workshop 19- December -2023

C- No	Player Name	Class	Sign
Sr No	Shruti Dinesh Patkari	TYBCA	Shate.
2	Neha Rajesh Jain	FYBCom	Nehabot
3	Arati Shivaji Dhage	ТҮВА	A6'Dhage.
4	Bhavna Punjoo Patil	TYBCA	B.P.P
5	Dipali Namdev Patil	TYBcom	Oipall
6	Shruti Dinesh Patkari	TYBCA	S. D. P.
7		FYBCom	Ocho John -
8	Neha Rajesh Jain Ashwini Balu Shere	SYBSC	Agsi.
		FYBA	82
9	Dipali Sanjay Aswar	FYB	C: 6'Pahil
10	Chetana Sanjay Patil	TYBA	2 orto
11	Sarala Ravindra Aswar		D. N. P
12	Dipali Namdev Patil	TYBcom	Khighi,
13	Khushi Dinesh Shriwastav	FYBA	and Oak
14	Suhani Pramod Patole	FYBcom	Mul
15	Durga Nilesh Vispute	FYBsc	Cale
16	Dipali Namdev Patil	TYBcom	pepale,
17	Rupali Devram Aswar	TYBA	La Tal
18	Kajal Arvind Jadhav	FYBcom	Rajar
19	Rohini Vikas Sutar	FYBA	Relation
20	Uma Martand Jadhav	FYBA	JNAT 1
21	Isha Shivvishal Mishra	SYBA	I.e.W
22	Gaytri Arjun Aswar	TYBA	Glub
23	Suhani Pramod Patole	FYBcom	120
24	Nikita Bandu Pawar	FYBA	NZ I
25	Manasi Santosh Parbhane	FYBCA	mark
26	Sarala Ravindra Aswar	TYBA	Saug

Dr Anita Kolhe Director of Physical Education & Sports